# Mayfield Private Nursery Snack Menu

**Morning Snacks:**
- Toast with spread (including Butter, Jam, Honey and Cheese spread)
- Or Cereal (Including: Cornflakes, Weetabix, Porridge, Rice Krispies)

These choices will be given on alternate days along with fruit.

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
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</thead>
<tbody>
<tr>
<td>Mon: Raisins</td>
<td>Mon: Apples</td>
<td>Mon: Oranges</td>
<td>Mon: Bananas</td>
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<tr>
<td>Tue: Grapes</td>
<td>Tue: Oranges</td>
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<td>Tue: Apples</td>
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<tr>
<td>Thurs: Apples</td>
<td>Thurs: Bananas</td>
<td>Thurs: Grapes</td>
<td>Thurs: Raisins</td>
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<tr>
<td>Fri: Oranges</td>
<td></td>
<td>Fri: Bananas</td>
<td>Fri: Grapes</td>
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</tbody>
</table>

**Afternoon Snacks**

**Week 1**
- Mon: Crackers with spread & Apples
- Tue: Oatcakes, Cheese & Carrot sticks
- Wed: Rice Cakes with Spread & Plum
- Thurs: Yoghurt with a selection of Fruit
- Fri: Sandwiches & Veg Sticks

**Week 2**
- Mon: Bagels with Spread & kiwi
- Tue: Toasted Fruit Loaf & pear
- Wed: Cheese cubes, pickle and Pineapple
- Thurs: Wraps, choice of filling & Veg Sticks
- Fri: Breadsticks with Dips & Cucumber

**Week 3**
- Mon: Yoghurt with a selection of fruit
- Tue: Crackers with Spread & Apple
- Wed: Oatcakes, Cheese & Carrot sticks
- Thurs: Rice Cakes with Spread & Plum
- Fri: Sandwiches & Veg Sticks

**Week 4**
- Mon: Wraps, Choice of Filling & Pineapple
- Tue: Cheese cubes, pickle and Pineapple
- Wed: Toasted fruit loaf & pear
- Thurs: Breadsticks with dips & Cucumber
- Fri: Bagels with spread & Kiwi

All Snacks will include Fruit. Please only use the fruit allocated for that day to ensure all fruit is being used effectively.