

# Mayfield Private Nursery Snack Menu

## Morning Snacks:

Toast with spread  
(including Butter, Jam, Honey and Cheese spread)

Or

Cereal

(Including: Cornflakes, Weetabix, Porridge, Rice Krispies)

These choices will be given on alternate days along with fruit.

### Week 1

Mon: Raisins  
Tue: Grapes  
Wed: Bananas  
Thurs: Apples  
Fri: Oranges

### Week 2

Mon: Apples  
Tue: Oranges  
Wed: Grapes  
Thurs: Bananas  
Friday: Raisins

### Week 3

Mon: Oranges  
Tue: Raisins  
Wed: Apples  
Thurs: Grapes  
Fri: Bananas

### Week 4

Mon: Bananas  
Tue: Apples  
Wed: Oranges  
Thurs: Raisins  
Fri: Grapes

## Afternoon Snacks

### Week 1

Mon: Crackers with spread & Apples  
Tue: Oatcakes, Cheese & Carrot sticks  
Wed: Rice Cakes with Spread & Plum  
Thurs: Yoghurt with a selection of Fruit  
Fri: Sandwiches & Veg Sticks

### Week 2

Mon: Bagels with Spread & kiwi  
Tue: Toasted Fruit Loaf & pear  
Wed: Cheese cubes, pickle and Pineapple  
Thurs: Wraps, choice of filling & Veg Sticks  
Fri: Breadsticks with Dips & Cucumber

### Week 3

Mon: Yoghurt with a selection of fruit  
Tue: Crackers with Spread & Apple  
Wed: Oatcakes, Cheese & Carrot sticks  
Thurs: Rice Cakes with Spread & Plum  
Fri: Sandwiches & Veg Sticks

### Week 4

Mon: Wraps, Choice of Filling & Pineapple  
Tue: Cheese cubes, pickle and Pineapple  
Wed: Toasted fruit loaf & pear  
Thurs: Breadsticks with dips & Cucumber  
Fri: Bagels with spread & Kiwi

All Snacks will include Fruit. Please only use the fruit allocated for that day to ensure all fruit is being used effectively.